



# CSBS CHOREOGRAPHY COMPETITION RULES

## ENTRY

1. Entry forms must be completed and handed in one week before the competition.  
Late entries may not be accepted.
2. The competition is only open to students from Central Scotland Ballet School.
3. Competitors can only make a single Solo entry in each category.
4. An individual can enter in any number of different groups or duets in each category.
5. Age groups may be altered according to the number of entries in each category.
6. Duets and groups will be in an age-group based on their average age.

## TIME LIMITS / MUSIC

1. Dances in all 6-11 age groups must not exceed 1 minute 30 seconds.
2. Dances in 12+ age groups must not exceed 1 minute 40 seconds.
3. The music may be stopped should it exceed the time limit, or points deducted.
4. Music must be cut to the correct length and sent in advance of the competition day.
5. Music must not contain explicit or suggestive lyrics. Parents must check their child's music before the competition. Music may be stopped if it is considered inappropriate.

## COSTUME AND GROOMING

1. Competitors should be properly attired and groomed for dancing with appropriate footwear and hairstyle. Elaborate costumes are not required.
2. Costumes should be age appropriate and cover underwear.
3. Props are allowed but must be safely cleared from the floor after your performance.

## BALLET / POINTE CATEGORIES

1. Ballet routines can be in a classical or modern ballet / free movement style.
2. No acro style tricks are permitted in a ballet routine.
3. It is not permitted to perform classical repertoire; choreography must be your own.
4. In the interest of safety, only students currently studying pointe work with CSBS are eligible to enter the pointe category.

## ACROBATIC DANCE CATEGORY

1. In the interest of safety, competitors should not attempt tricks which they have not been trained to perform.
2. A CSBS specialist Acrobatics teacher will join the judging panel for the acro section to better assess technique. *Note: acrobatic technique differs from gymnastics.*

## CHARACTER CATEGORY

1. A character dance should reflect a dance style from a particular country.
2. Props are allowed but must be safely cleared from the floor after your performance.

## MUSICAL THEATRE CATEGORY (Song and Dance)

1. Routines must include both live singing and dance elements.
2. Routines missing a dance element will have points deducted.
3. Backing tracks must not include lead vocals.
4. The category may be performed without microphone amplification.

## **JAZZ DANCE CATEGORY**

1. Jazz includes traditional jazz; jive; charleston; MT style; and lyrical.
2. Tricks are permitted but must be performed safely as a small part of the routine.

## **LITTLE STARS SECTION**

1. Open to all ages and abilities including but not exclusively age 6 and under or adults.
2. Any style of dance is permitted.
3. Music must not exceed 1 minute.
4. Competitors can perform solo / duets / groups.

## **IMPROVISATION SECTION**

1. Open to all ages and abilities; competitors will dance together in a mixed group
2. A range of music styles will be used.
3. This part of the competition is an elimination based on the judges choices.
4. Appropriate dance shoes and clothes should be worn onstage.

## **PHOTOGRAPHY / RECORDING**

1. Parents are allowed to photograph or video their own children but must not stand on the dance floor or distract the dancers or judges (No flash photography).
2. CSBS will film the entire event for archives.
3. CSBS will photograph competitors. Photos may be used on social media / for publicity.

## **JUDGING / PRESENTATION OF PRIZES**

1. Routines are judged on Technique / Content / Performance.
2. Certificates will be presented to every competitor at the end of each dance section.
3. All competitors are expected to stay to the end of the competition for the prize giving and to congratulate other competitors.
4. The independent adjudicators' decision is final. Additional or joint medals may be presented in sections at the discretion of the judging panel.
5. Judges will award additional trophies for the highest scores in each category.
  - a. "Highest points for ballet" includes ballet/character/pointe
  - b. "Highest points in jazz" includes jazz/lyrical/commercial
6. Judges will award the "Millennium Trophy" for 'best overall'.
7. Judges will award the "Spirit of the Dance" trophy to the competitor who demonstrates the most musicality, enjoyment and performance.
8. The "Best Newcomer" trophy will be awarded to a dancer who has not previously participated in a CSBS choreography competition.
9. The winner of the improvisation section will be presented with the "Falkirk Arts Network Award for improvisation".

## **OTHER**

1. The Millennium Trophy winner will perform a solo in at least one of the CSBS annual dance displays.
2. At the discretion of CSBS staff, other dances may be selected for displays or community performances throughout the year.
3. All competitors and audience members must show courtesy, encouragement, support and respect to all the other competitors and their friends/family.