

CENTRAL SCOTLAND BALLET SCHOOL

Dance displays: Hair and Makeup

All girls must have their hair in a **tight, neat bun** level with their eyes. If their hair is cut very short, speak to your class teacher who will advise the best style for onstage.

How to do a ballet bun

1. Draw the hair into a tight ponytail in line with the eyes.
2. Fix with a little hairspray
3. Twist the ponytail and wind around the bobble, keeping secure with the other hand
4. Use 3-4 kirby grips to hold the bun onto the head
5. Wrap a fine hairnet over the bun
6. Use hairpins to pin around the edge of the bun
7. Finish with hairspray

For some dances, you may need a scrunchie or ribbon to match the costume. It should just sit around the bun. Use a hairpin if necessary.

For layered hair, use gel and Kirby grips to keep the ponytail neat.

For fine hair, backcomb the ponytail before trying to wrap into a bun.

All dancers must wear **makeup** onstage. Below are guidelines depending on the age of the child. Absolutely no jewellery can be worn onstage.

	age 3-7	age 8-12	age 13+
Face	Loose or pressed powder on clean, dry face	Foundation slightly darker than skin tone	Foundation slightly darker than skin tone
Eyes	White/cream eyeshadow on eyelids	White/cream eyeshadow on eyelids with brown eyeliner on top lid. Mascara optional.	White eyeshadow with brown around socket. Black eyeliner and mascara. Neat eyebrows. Fake lashes opt.
Cheeks	A <u>little</u> pink blusher	Pink blusher	Pink blusher
Lips	Natural pink – dab on with finger	Pinky-red. Slightly darker than own lips.	Outline lips with lipliner. Red-pink lipstick

Boys (Optional) base, browny blusher, matte pink-brown lips

Examples for girls:

