



CSBS DANCE CHALLENGE #1

Alphabet soup choreography

LETTER	DANCE MOVES	LETTER	DANCE MOVES
A	Pirouette	N	Crouch
B	Stretch	O	Bounce
C	Roll	P	Bend / Plié
D	Jump	Q	Tumble
E	Run	R	Arm circle
F	Skip or hop	S	Tip-toes
G	Balance	T	Arabesque
H	Pointed toes	U	Turn or spin
I	Kick	V	Grapevine
J	Step ball change	W	Cartwheel
K	Galop	X	Rise
L	Slide	Y	Splits
M	Leap	Z	Upside down

WRITE OUT THE LETTERS OF YOUR NAME... Just your first name if it's long, or both names if they are short!

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Now complete your choreography and practice it. It could be any style and to any piece of music. You can perform it for your family or send us a video using email / messenger / Facebook. We will create a montage of clips received by the morning of 29 March.

Website: csbs.dance

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